

STRENGTH-BASED COLLECTIVE

BRIEF: BEHAVIOR EDITION



OCTOBER
2023

STRENGTH-BASED POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS (PBIS)

PBIS has been a cornerstone in educational settings for promoting positive behavior. Adding a strength-based lens to PBIS not only enhances its effectiveness but also empowers students to be active participants in their behavioral growth. Below are key strategies for implementing strength-based PBIS in schools.

- ▶ **Strengths as Behavioral Expectations.** Incorporate strengths into the behavioral expectations outlined in the PBIS framework.
Example. Alongside expectations like 'Respect' and 'Responsibility,' include strengths such as 'Empathy' and 'Creativity.'
- ▶ **Strength-Based Reward Systems.** Modify the PBIS reward system to focus on recognizing and rewarding the use of individual strengths.
Example. Instead of just rewarding a student for good behavior, reward them for using their strengths like teamwork or leadership during group activities.
- ▶ **Strength-Based Tiered Support.** Integrate a strength-based approach into the multi-tiered systems of support (MTSS) within the PBIS framework.
Example. For Tier 2 interventions, focus on leveraging the identified strengths of those students to improve behavior.
- ▶ **Strength-Based Conflict Resolution.** Use strength-based strategies in conflict resolution protocols within the PBIS framework.
Example. If two students are in conflict, guide them to identify each other's strengths and find a resolution that leverages those strengths.
- ▶ **Data-Driven Strengths Assessment.** Use data collection methods to identify not just problem behaviors but also prevalent strengths within the student body.
Example. During regular PBIS assessments, include surveys or observations that identify commonly exhibited strengths among students.
- ▶ **Family Involvement in PBIS.** Invite parents to contribute to the PBIS program by sharing their insights about their child's strengths.
Example. During parent-teacher conferences, discuss the child's strengths and how they can be supported both at school and at home.

THINGS TO REMEMBER

- ✓ Strengths can be powerful motivators for positive behavior.
- ✓ Data on strengths is as crucial as data on problem behaviors.
- ✓ Inclusion of strengths diversifies and enriches PBIS strategies.



STRENGTH-BASED COLLECTIVE