

STRENGTH-BASED INTERVIEW PROTOCOL

MIDDLE SCHOOL EDITION

DR. BYRON MCCLURE & DR. KELSIE REED



SBC

STRENGTH-BASED COLLECTIVE

STRENGTH-BASED INTERVIEW PROTOCOL

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Before beginning the strength-based interview, it is important to establish rapport with your interviewee. Explain to the child and parent(s) that the purpose of the interview is to identify the child's strengths, interests, passions, and motivations. It is important to frame the interview as a positive and affirming experience that will help the child better understand themselves. Also be sure to make it clear that the child is in control of the interview process, allowing them to answer the questions in any way they feel comfortable. The child should be encouraged to share as much or as little as they want, and they should feel free to ask questions or seek clarification as needed. Finally, do your best to frame the interview as a conversation, rather than a formal assessment. The child should feel that they are having a chat with someone who is genuinely interested in learning about them, rather than being interrogated or judged.



Student Name: _____ Date: _____



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What are some things you enjoy doing in your free time?

What can you do better than most people?

Can you tell me about a time when you felt really proud of yourself?

What are some things you are good at or feel confident doing?

Who do you look up to, and why?

What subjects do you enjoy the most, and why?

What activities/hobbies do you participate in, and why do you enjoy them?

Can you tell me about a challenge you faced and how you overcame it?

What is a goal you have for yourself, and how do you plan to achieve it?

What are some things you want to learn or try in the future?