

STRENGTH-BASED INTERVIEW PROTOCOL

HIGH SCHOOL EDITION

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SBC

STRENGTH-BASED COLLECTIVE

STRENGTH-BASED INTERVIEW PROTOCOL

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Before beginning the strength-based interview, it is important to establish rapport with your interviewee. Explain to the child and parent(s) that the purpose of the interview is to identify the child's strengths, interests, passions, and motivations. It is important to frame the interview as a positive and affirming experience that will help the child better understand themselves. Also be sure to make it clear that the child is in control of the interview process, allowing them to answer the questions in any way they feel comfortable. The child should be encouraged to share as much or as little as they want, and they should feel free to ask questions or seek clarification as needed. Finally, do your best to frame the interview as a conversation, rather than a formal assessment. The child should feel that they are having a chat with someone who is genuinely interested in learning about them, rather than being interrogated or judged.



Student Name: _____ Date: _____



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What are some things you enjoy doing in your free time, and how do they make you feel?

Can you tell me about a time when you accomplished something important to you?

What are some of your talents or skills, and how have you developed them over time?

Who are some people that you admire, and what qualities do you admire in them?

What are your favorite subjects in school, and why do you enjoy them?

What activities/hobbies do you participate in, and what do you enjoy about them?

Can you tell me about a challenge you faced and how you overcame it?

What are some of your personal values, and how do they shape your choices?

What are some goals you have for yourself, and how do you plan to achieve them?

What are some things you want to learn or explore in the future?